

Humana Rock 'n' Roll Virginia Beach Health & Fitness Expo

Virginia Beach Convention Center – Halls B-D 1000 19th St. Virginia Beach, VA 23451

Exhibitor Setup

Thursday, August 30: 10am – 5pm

Friday, August 31: 8am – 12:30pm

Expo Hours

Friday, August 31: 1pm – 7pm Saturday, September 1: 10am – 5pm

Exhibitor Move-Out

Saturday, September 1: 5pm – 10pm

Exhibitors may not remove their exhibit materials from the hall before Saturday, September 1^{st} at 5:00pm.

The Expo hall must be clear of all materials by 10:00pm on Saturday, September 1st.